



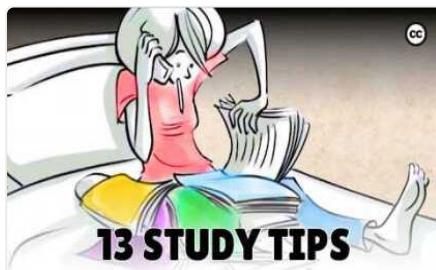
Leicester High | Revision and Study Skills



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Tests, exams, assessments are a part of school life. They help show what you've learned and what you might need to brush up on. But don't worry—exams don't have to be stressful!

This page gives you Top Tips for smarter revision and how to succeed in your next test and in your Summer Exams in May.



 YouTube Video

General Information - all year groups



Your subject teachers will give you

- topic lists
- learning mats or similar resources
- additional subject-specific revision materials
- advice on what skills and knowledge will be tested and how

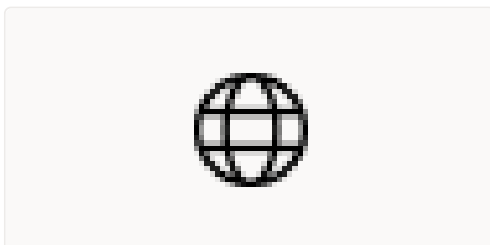
Years 6 & 7 To prepare best for assessments in School, try using FLASHCARDS and any of the other SELF-TESTING methods below



Flashcards



Active Recall



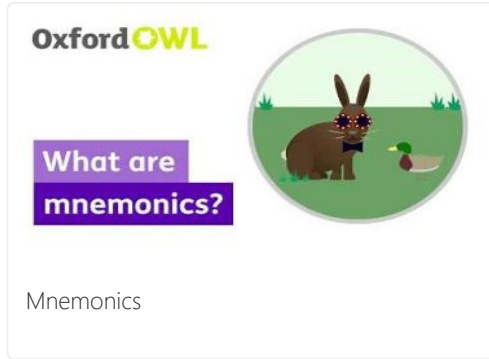
Explain it to someone else



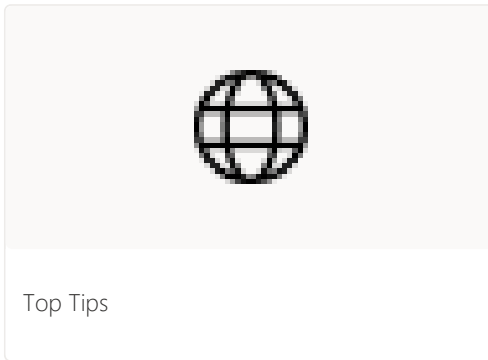
Mindmaps



Blurting

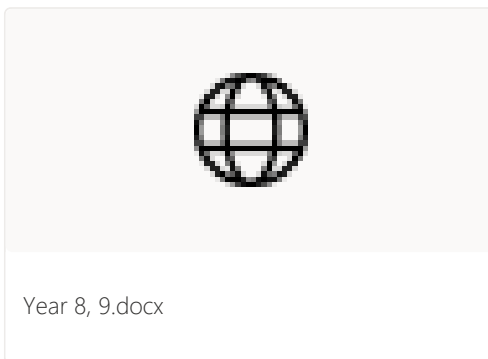


Mnemonics



Top Tips

Years 8 & 9 You have tried some revision techniques already in earlier years. Which ones work best for you? How do you know? Make a list of your favourite ways to revise. Do you want to know more about ... ?



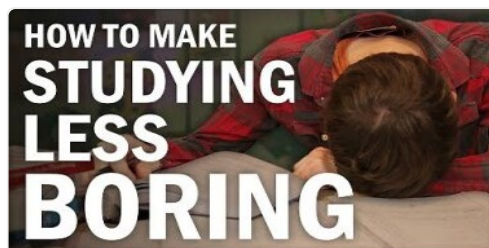
Year 8, 9.docx



The Most Powerful Way to Remember What You Study

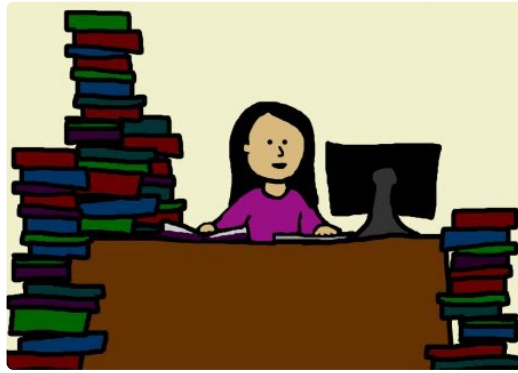


How to Study Effectively with Flash Cards - College Info Geek



How to Make Studying Fun (or at Least Less Boring)

BEFORE exam day



- 📖 Review, Don't Cram – Go over key points, notes, or flashcards, but don't try to learn everything at the last minute. Focus on what you already know and strengthen it.
- 🌙 Get a Good Night's Sleep – Aim for at least 8–10 hours of sleep. A well-rested brain works much better than a tired one!
- 🥗 Eat Well and Stay Hydrated – Have a healthy meal with protein, fruits, and vegetables, and drink plenty of water. Avoid too much sugar or junk food, which can make you feel tired or unfocused.
- 🎒 Prepare Everything in Advance – Pack your school bag with pencils, pens, a ruler, and anything else you need. Set out your clothes so you're not rushing in the morning.
- 😌 Relax and Stay Positive – Do something calming like reading, listening to music, or light stretching. Believe in yourself—confidence helps you perform better!

ON exam day



- 🍳 Have a Good Breakfast – Eat a healthy meal with protein and slow-releasing energy (like eggs, toast, or porridge) to keep you focused. Avoid too much sugar, which can make you feel tired later.
- ⌚ Arrive in Good Time and Stay Calm – Get to school on time so you don't feel rushed. Take deep breaths if you feel nervous—staying calm helps you think clearly.

- Read the Questions Carefully – Take your time to understand each question before answering. Highlight or underline key words to help you focus on what's being asked.
- ⌚ Manage Your Time Wisely – Don't spend too long on one question. If you're stuck, move on and come back later. Keep an eye on the clock to make sure you finish in time.
- Check Your Answers – If you have extra time at the end, go back and review your answers. Look out for silly mistakes, missing words, or unanswered questions.